



Proudly Serving Dewey for Over 30 Years!

LUNCH MENU



Apps & Sides

Hummus Platter **V**

Made In-House with Garlic, Tahini, Lemon, toasty Pita. \$8

Pita + Veggies \$9

All Veggies \$10 **GF**

Buffalo Breasts **GF**

Grilled Chicken Strips, Buffalo Sauce, Bleu Cheese, Baby Carrots. \$8.75

Red Beans & Rice

Seasoned Rice & Beans. \$6.5

Edamame **V**

Warmed, lightly salted. \$6.5

Veggie Pasta Salad

Tri-Color Rotini, fresh Veggies, Italian Seasonings, Parmesan Cheese, Lite Caesar Dressing. Large \$12 / Small \$6.75

GF - Gluten-Free

V - Vegan

Healthy Kids' Menu

Toppings for sandwiches available upon request.
All Sandwiches come with Baby Carrots.

Ham & Cheese

97% Fat-Free Ham, American Cheese, Whole Wheat. \$5.75

Hot Diggity Turkey Dog

A Healthy Alternative \$5.75

Add Cheese for \$1

Dino Bites

Dinosaur shaped Chicken Nuggets, grilled, not fried. \$6

Kids' Grilled Cheese

A smaller version of our Classic, served on Whole Wheat. \$5.75

PB & J

Grape Jelly, Creamy Peanut Butter, Whole Wheat. \$5.75

From The Garden

Gary's Garden Salad **GF/V**

Romaine, Mixed Greens, Seasonal Veggies. Full \$9.25 / Half \$6.5

Classic Caesar Salad

Crisp Romaine, Parmesan, Lite Caesar Dressing, House Garlic Croutons. Full \$10.5 / Half \$7

Chef Salad **GF**

Romaine, Mixed Greens, Tomato Wedges, Fresh Baked Turkey Breast, Low-Fat Ham, assorted Cheeses. \$15

Top any Salad with:

Grilled Chicken \$6

(Make it Dirty or Buffalo, add \$1)

Grilled Shrimp \$7.5

Grilled Atlantic Salmon \$10

Grilled Yellowfin Tuna (served Med-Rare) \$10

Crab Cake MKT

Gluten-Free Crab Cake MKT

Dressings: Asian Sesame, Honey Mustard, House Honey Mustard Vinaigrette, Blue Cheese **GF**, Lite Caesar **GF**, Ranch **GF**, Balsamic Vinaigrette **GF/V**, Italian **GF/V**, Red Wine Vinaigrette **GF/V**

Sandwiches & Wraps

Build-Your-Own Sandwiches (unless otherwise noted) with available toppings. Substitute Side Salad, Grilled Veggies, Red Beans & Rice or Veggie Pasta Salad \$3.5

Sandwiches served on your choice of Whole Wheat Kaiser, Whole Wheat, or Rye (unless otherwise noted). Make most items gluten-free by omitting bread or wrap. Wraps available on Plain or Tomato Flour Tortillas.

All Sandwiches and Wraps come with Herr's Ripple Chips and a Dill Pickle Spear.

The Original Turkey Cheese Steak 🍗

Our best seller! Chopped Turkey Breast, melted American Cheese, toasty Sub Roll. \$12.75

Make it a Buffalo Turkey Cheese Steak, add \$1

Or..... Have it in a Wrap instead, with your choice of Plain or Tomato Wrap and available toppings.

Gary's Famous Turkey Burger 🍗

A 1/2 pound Turkey Burger blended with Gary's own Mixture of Seasonings. \$12.75

Or..... Have it in a Wrap instead, with your choice of Plain or Tomato Wrap and available toppings.

Turkey Burger Royale with Cheese 🍗

Our Famous Turkey Burger topped with melted American Cheese, shredded Lettuce, Dill Pickle, Raw Onion, and Mac Sauce. \$13.75

Crab Cake Sandwich

Hand-Made in Crisfield, MD, with Eastern Shore Seasonings. MKT

We also have a Gluten-Free Crab Cake available, MKT

Yellowfin Tuna Steak Sandwich

Seasoned and grilled Med-Rare. \$14

(unless otherwise requested).

Blackened Tuna Wrap

Blackened Yellowfin, House Pineapple-Mango Salsa, Dirty Rice, Lettuce. \$15

Salmon Sandwich

Seasoned and grilled. \$14

Cajun Catfish Sandwich

Seasoned, grilled, topped with Louisiana's Own Cajun Power Garlic Sauce. \$14

Buffalo Chicken Wrap

Grilled Chicken, Buffalo Sauce, Lettuce, Tomato, Bleu Cheese or Ranch Dressing. \$12.5

Southwest Wrap

Grilled Chicken Breast, Cheddar Cheese, House Pico, Red Beans & Rice, Lettuce, Texas Pete Hot Sauce. \$13.5

Chicken Caesar Wrap

Grilled Chicken Breast, crisp Romaine, Lite Caesar Dressing, Parmesan Cheese. \$11.75

Zatty Wrap

Grilled Chicken Breast, Cheddar Cheese, Honey Mustard, Bacon, Lettuce, Tomato. \$13.75

Grilled Ham & Swiss

97% Fat-Free Ham, grilled, topped with melted Swiss Cheese, toasty Thick-sliced Wheat Bread. \$11

Traditional BLT Sandwich

Toasted Whole Wheat or Rye, Bacon, Lettuce, Tomato, Mayo. \$9

Double Dog with Cheese

2 grilled Turkey Dogs, melted American Cheese, toasty Sub Roll. \$9.75

Veggie Melt 🍗

Seasoned Grilled Veggies, melted American Cheese, Lettuce, Tomato, toasty Sub Roll. \$9.75

Or Have it in a Wrap instead, with your choice of Plain or Tomato Wrap and available toppings.

Cali Garden Burger 🍗

100% Natural Ingredients, Certified Vegan. \$11

Grilled Cheese

BEST. GRILLED CHEESE. EVER.

Thick-sliced Wheatberry Wheat Bread, melted American Cheese. \$8.75

Gary's Fresh Baked Turkey Breast

Sandwiches served on your choice of Whole Wheat Kaiser, Whole Wheat, or Rye (unless otherwise noted). All Sandwiches come with Herr's Ripple Chips and a Dill Pickle Spear.

Substitute Side Salad, Grilled Veggies, Red Beans & Rice or Veggie Pasta Salad \$3.5

Build-Your-Own Turkey Breast Sandwich 🍗

Carved in-House and piled high. \$13.75

Double-Decker Turkey Club

3 pieces of toasted Whole Wheat, Lettuce, Tomato, Mayo, crispy Bacon. \$14.75

Add Cheese \$1.5

Turkey Reuben

Grilled Seeded Rye Bread, Sauerkraut, melted Swiss Cheese, 1,000 Island Dressing. \$13.75

Thanksgiving Wrap

Homemade Stuffing, Whole Berry Cranberry Sauce, Mayo. *(Plain or Tomato Wrap)* \$13.5

Available Toppings:

For Free: Lettuce, Tomato, Grilled or Raw Onions, Heinz Ketchup, Gulden's Spicy Mustard, French's Yellow Mustard, Low-Fat Mayo, Crushed Hot Peppers, Sweet Pepper Strips, Cocktail Sauce, Tartar Sauce

Avocado, Bacon, Grilled Mushrooms, Jalapenos, Cranberry Sauce, Spinach, House Pico, House Fruit Salsa \$1.5

Cheese: American, Swiss, Provolone, Cheddar \$1.5

Fresh Fruit Smoothies **GF**

20 oz Smoothies are made with Your Choice of Fruit:

Strawberry, Mango, Banana, Blueberry, Pineapple

Blended with 100% Orange Juice and Low-Fat Vanilla Yogurt. \$6.75

Add Whey Protein or Peanut Butter for \$2
*Dairy-Free Upon Request

Consuming raw or undercooked meats, seafood or shellfish may increase your risk of foodborne illness.

Allergy warning, menu items may contain or come in contact with meat, eggs, soy, nuts, milk and shellfish. Ask our staff for more information.

Gary's Original